

**One session from 14h15 to 15h15**

## **Contemplative Prayer and Mysticism: An Anglican Approach**

### **The Revd Canon Dr Earl Collins**

Contemplative prayer is an essential spiritual practice for growing in faith and love for the Holy Trinity and for keeping a healthy spiritual balance. Although common to many Christian traditions, it is sometimes associated mainly with the Roman Catholic or Orthodox Churches. Yet the Anglican tradition also has writers who have practiced this form of prayer. This seminar will look at various issues in contemplative prayer, drawing on classic Anglican sources, to deepen our understanding and lead us further into the mystery of union with God.



Earl was a Benedictine monk prior to joining the Church of England in 2018. His ministry has led him to teach across the world, including in Rome, Ireland, the United States, India, Nigeria and Jerusalem, as well as for the New York Centre for Jungian Studies. He has also been Chaplain and Acting-Vice Principal at Westcott House, Cambridge.

Earl has served the Diocese of Chichester since 2019 as Vicar of St John the Baptist, Hove, and Officer for Continuing Ministerial Development. Earl is currently a member of the Cathedral's College of Canons and has made several recent contributions to the Cathedral's adult formation programs.