Wellbeing for Clergy and their Families (WCF)

Counselling/ Psychotherapy Referrals pathway

**STAGE 1**

If a member of clergy or their family would like counselling/psychotherapy, a referral form should be completed by the potential client with as much detail as possible.

***Please note: No referral will be accepted until the referral form has been completed and submitted via email. No verbal referral will be accepted.***

**RISK IDENTIFICATION AND MANAGEMENT: We are not able to respond to any immediate risk of harm to self or others eg.suicide Please contact your GP, or go to A+E or phone 999 if you are in immediate risk.**

**STAGE 2**

All completed referral forms should be sent to the Wellbeing for Clergy and their Families service), at: [wellbeingforclergy@chichester.anglican.org](mailto:wellbeingforclergy@chichester.anglican.org)

***Please note: If the form is being sent on behalf someone else, they must be copied into the email so that they are aware of the referral (this also acts as proof of consent).***

**STAGE 4**

During the assessment appointment(s), you will be offered short-term therapy 6-12 sessions by one of our team of WCF therapists or sign posted to receive a specialist service as appropriate.

**STAGE 3**

Either the Head of WCF or Assistant Officer for WCF will review your referral and will arrange for an Initial Assessment appointment using the preferred route of contact stated on your referral form. You will be contacted directly by the therapist

**RISK IDENTIFICATION AND MANAGEMENT:**

**Brief risk identification is part of the assessment process, and it might be recommended by your therapist that you make an appointment to see your GP and/or attend A&E or to phone 999.**