

# Welcome to the Together in Sussex Newsletter

Sharing action across Sussex

April 2019

# Funding opportunities and grant providers

Check out the following sources of funding to help support your community action project:

#### **Homeless Link Social**

Investment Fund - dedicated support and flexible loan/grant packages from £25,000 to £150,000 to help you help more homeless

Enterprise Grants – to help homelessness sector organisations make a transition to new enterprise models or to grow existing ones: 1) Feasibility Grants from £5,000 -£10,000 and 2) Development Grants up to £50,000

#### Tesco Bags of Help Centenary Grant

Up to £25,000 for projects that deliver any health and wellbeing project across the whole of Sussex. Download the <u>Grant Guidance</u> <u>Notes</u>.

## **Hear Here**

## WANTED - HELP!

## Could you be THE ONE?

#### Do you live in or near the Horsham or East Grinstead deanery?

#### Could you spare half a day a week over the next year to help get a great project up and running.

The *Hear Here* project connects churches and the wider community by helping provide basic hearing aid support. It is a project that is fully supported by NHS audiology departments and is already successfully up and running in the Diocese of Guildford.

If you would like to know more, without obligation, contact Diane Watts: diane.watts@chichester.anglican.org

### **Funders**

#### Meads Fund

Deadline for applications: 3 May at 5:00 pm Managed by Sussex Community Foundation, the Meads Fund awards one large grant of £20,000 per year for each of three years to an organisation that most clearly demonstrates its ability to achieve this change. It is open to volunteer-led not-for-profit organisations and charities working in Eastbourne.

If you have any question, project ideas and experiences, you would like to share more widely, do get in <u>touch</u>.



## Mental Health and Well-being - What is the Church's role in prevention and support?

#### Hello Everyone!

I am Elle Weaver and I am the **Mental Health and Wellbeing Facilitator** for **Together in Sussex**. We are here to help churches and communities across Sussex respond to those experiencing poor Mental Health.

My role is to signpost appropriate resources and training for parishes and help them become places where all are welcome.

Unfortunately, there is still a widespread stigma attached to Mental Health issues - rightly identified as a top priority. At this early stage, I want to establish a wide range of contacts and relationships.

A quick check for churches: Is my church aware of Mental Health and Wellbeing issues? Are we friendly and welcoming? What does my church provide to support people? Do we provide 'no-strings-attached' help for those in need?

Please contact me if you have any questions, ideas or want to share good practice. I will send you regular updates so we can keep talking about Mental Health and Wellbeing. It is so important we all work together.

We won't make things worse by supporting and listening! So let's make time to talk about good Mental Health and Wellbeing!

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